Essentials Plus with Iron



DESCRIPTION

Essentials Plus with Iron is a comprehensive high-potency multivitamin/mineral formula which provides high levels of most essential nutrients including the B-complex vitamins as well as Vitamins A, C, D and E.

FUNCTIONS

Essentials Plus with Iron uses only the purest, most hypoallergenic ingredients, and contains no yeast, corn, wheat, sugar or other sweeteners, artificial colors, flavors or preservatives. Every batch is expiration dated to guarantee to provide a minimum of 100% of label claim for all ingredients up to the date printed on the label.

Studies have shown that a high percentage of adults and children in North America and other developed countries consume less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balances of these nutrients are needed not only for maintaining good health, but also for the dietary management and prevention of chronic diseases. Essentials Plus with Iron has been carefully developed to contain potent amounts of essential nutrients, such as beta carotene, Vitamin C, Vitamin E and B-complex vitamins due to their vital roles in antioxidant protection, energy protection and maintenance of healthy blood cells, nervous system, hormonal balance and more. Minerals and elements are provided in their safest and most bioavailable forms such as amino acid chelates.

INDICATIONS

Essentials Plus with Iron is a useful dietary supplement for individuals who wish to consume essential nutrients for health.

SUGGESTED USE

Adults take 1 tablet daily with a meal or as directed by a healthcare professional.

SIDE EFFECTS

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

STORAGE

Store in a cool, dry place, away from direct sunlight. Keep out of reach of children.

FORMULA (WW #10331)

1 Tablet Contains:

Vitamin A (as palmitate)	10,000 IU
Vitamin A (as beta carotene)	7,000 IU
Vitamin C (as ascorbic acid)	250 mg
Vitamin D (as cholecalciferol)	400 IU
Vitamin E (as d-alpha)	150 IU
Vitamin B-1 (as thiamine HCl)	75 mg
Vitamin B-2 (as riboflavin)	75 mg
Niacin (as niacinamide)	
Vitamin B-6	75 mg
Folic Acid	400 mcg
Vitamin B-12	75 mcg
Biotin	75 mcg
Pantothenic Acid	75 mg
Calcium**	50 mg
Iron**	5 mg
Iodine (from kelp)	150 mcg
Magnesium**	7.2 mg
Zinc (as methionine)	
Selenium (as L-selenomethionine)	35 mcg
Copper**	1 mg
Manganese**	Ũ
Chromium (as polynicotinate)	
Molybdenum**	50 mcg
Potassium**	-
Choline (as bitartrate)	
Inositol	
Para amino benzoic acid	-
Citrus bioflavonoids	0
Hesperidin complex	
Betaine hydrochloride	-
Glutamic acid	-
Rutin	0
RNA	50 mg
** As amino acid chelate	
Other ingredients: Cellulose cellulose gum	staria agid

Other ingredients: Cellulose, cellulose gum, stearic acid, and magnesium stearate. Contains soy.

This product contains NO sugar, salt, dairy, wheat, gluten, yeast, corn, preservatives, artificial colors or flavors.

Manufactured For:

Good Life Pharmacy

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Recommended by Angie Svoboda, Pharm D.